

Monday 15th May 2023

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Dear Parent/Carer,

## **Be Kind Online**

As you will be aware I write with regular updates on E-Safety across the academy. In this letter I wanted to highlight how we work with students to ensure they are kind online. We regularly remind and encourage all students to be sensitive, positive and respectful online, students can send evidence of a kind message or act online to <a href="mailto:bekindonline@universityofkentacademiestrust.org.uk">bekindonline@universityofkentacademiestrust.org.uk</a> to receive leadership points as a reward.

We frequently share with students the need to perceive messages and communications online, especially on social media, from the perspective of the person receiving them. We also explain what constitutes a post being potentially classed as online bullying and that these types of messages online can impact another persons' self-esteem, confidence and social skills.

If a student feels that any online communication is not kind or appropriate, it is important to report it to a trusted adult. Students are encouraged to speak with their PT in the first instance, we also have pastoral support available to help. If students would prefer to report via email, they can use <a href="mailto:refernow@universityofkentacademiestrust.org.uk">refernow@universityofkentacademiestrust.org.uk</a>

Please find attached the link to National Online Safety if you would like to find out more about being kind online or any other topics around online safety for your child, then please enrol on the platform as a parent/carer using the link below, you will then have free access to webinars, courses and guides about existing platforms and new platforms as they are introduced. Earlier in the year I sent out information around the age limits of various platforms, but to support students if you could please re-familiarise yourselves with the guidance and reminders for families.

https://nationalonlinesafety.com/enrol/chatham-grammar

Yours sincerely,

Elizabeth Sanger E-Safety Lead





