

Summer holiday work – Health and Social Care Unit 1

- ▶ To help you prepare for Unit 1 in September please complete the following tasks:
- ▶ **Make a revision aid covering the life stages and ages – you must learn these for the Unit 1 exam.**
- ▶ **Research and write a definition for the key terms below:**
- ▶ ***Gross motor skills***
- ▶ ***Fine motor skills***
- ▶ Watch an episode of “The secret life of 4 and 5 year olds” (or similar programme, or clips from YouTube on child development – “Babies: Their Wonderful World”)
- ▶ **Make notes on the different aspects of child development. What areas of PIES can you see developing?**
- ▶ Please bring this work to your first lesson in September.