

PE

Our curriculum is founded on the following principles:

- Creating opportunities with a focus on **leadership** skills enables students to develop their **self-awareness, resilience** and **independence**.
- Recognising **diversity** and encouraging **empowerment** strengthens our **community**.
- Broadening curriculum opportunities through **enrichment** allows **confident, inquisitive** and **creative** learners to become **critical thinkers**.

	Leadership	Self-awareness	Resilience	Independence
<p>Creating opportunities with a focus on <b>leadership</b> skills enables students to develop their <b>self-awareness, resilience</b> and <b>independence</b>.</p>	<p>Student led warmups</p> <p>Students leading group activities.</p> <p>Students peer assessing-coaching approach</p> <p>Supporting students in groups</p> <p>Students verbally discussing assessment: grade 6 'Apply and Lead' on our assessment criteria</p> <p>Sports leaders able to lead house events and competitions.</p>	<p>Students leading sport appropriate warmups</p> <p>Students self-assessing</p> <p>Performance skills demonstrated in aesthetic activities</p> <p>Setting targets in fitness/health lessons.</p> <p>Students building skills for how best to work as part of a team, identifying a self-awareness of how they work with others.</p>	<p>Students persevering when learning new skills.</p> <p>Acting on teacher feedback</p> <p>Acting on peer feedback</p> <p>Students attending extra-curricular clubs may not always be picked for school teams. Opportunities are developed within the PE department to encourage pupils to build resilience and keep trying.</p> <p>Participation at SSG events and fixtures</p>	<p>Setting up equipment</p> <p>Student led warm-ups</p> <p>Choreography tasks in Gymnastics</p> <p>Organisation and preparation for lessons (kit)</p> <p>Completion of coursework and homework in GCSE course.</p> <p>Extensive extra-curricular club programme</p>

	<p>6<sup>th</sup> form and year 11 supporting and leading teams for SSG events alongside staff.</p> <p>Team Captains within Netball and competition teams.</p> <p>Sports leaders programme for year 9-11 students</p>			
<p>Recognising <b>diversity</b> and encouraging <b>empowerment</b> strengthens our <b>community</b>.</p>	<p>Diversity</p>	<p>Empowerment</p>		<p>Community</p>
	<p>Broad range of activities to cater for all needs</p> <p>Range of professional athletes from a range of backgrounds and abilities used within GCSE theory lessons</p> <p>Careers focus within lessons to cover a variety of career paths within sport.</p>	<p>Games Captains within house system</p> <p>Leading group/pair tasks</p> <p>Careers focus in lessons</p> <p>Staff to act as role models for students</p> <p>Building self-confidence and self-belief through sports practice.</p> <p>Providing a wide range of sports activities</p>	<p>Students wanting to engage in inter-house competitions</p> <p>Students wanting to be involved with the extra-curricular programme</p> <p>Celebrating success at SSG competition.</p> <p>Links with local clubs such as Crusaders, Anchorians &amp; Medway Badminton - coaches running extra-curricular sessions</p>	

		Providing opportunities at extra-curricular clubs, fixtures and attending sports trips (netball teams, SSG teams, football team)	<p>Sharing success and raising profile across our CG PE Twitter and Instagram.</p> <p>Working closely with University of Kent on sport science workshops we participate in every year.</p> <p>Links with Medway Sport, Howard partnership and greenacre partnership.</p> <p>Lettings and hiring of facilities.</p>		
Broadening curriculum opportunities through <b>enrichment</b> allows <b>confident, inquisitive</b> and <b>creative</b> learners to become <b>critical thinkers</b> .	<b>Enrichment</b>	<b>Confident</b>	<b>Inquisitive</b>	<b>Creative</b>	<b>Critical thinkers</b>
	<p>Compete in SSG competitions.</p> <p>Netball fixtures</p> <p>University of Kent project.</p> <p>Watersports trip to France.</p> <p>International women's day visit to Medway park festival</p> <p>Inter-house competitions- speed</p>	<p>High participation rate from all students.</p> <p>Students wanting to participate in school fixtures/competitions.</p> <p>Students taking part in inter-house competitions, such as speed staking, sports day, badminton and netball.</p> <p>Accessing clubs/opportunities outside of school</p>	<p>Confident in asking questions</p> <p>Knowing the assessment criteria and what they need to do to improve</p> <p>Accessing clubs/opportunities outside of school</p>	<p>Chorography skills demonstrated in aesthetic activities.</p> <p>Tactical awareness and decision making in games based activities (centre pass routines, back line passes etc)</p> <p>Creating posters and displays to express knowledge.</p>	<p>Knowing the assessment criteria and what they need to do to improve</p> <p>Tactical awareness and decision making in games based activities (centre pass routines, back line passes etc)</p>

	staking, sports day, netball, badminton.  Lots of extra- curricular clubs with good attendance.				
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