

Wendy Walters BA (Hons) MA
Academy Principal

Chatham Grammar
Rainham Road
Chatham
Kent
ME5 7EH

T : 01634 851262
E : OfficeCG@universityofkentacademiestrust.org.uk
W : www.chathamgrammar.org.uk

A University of Kent Academies Trust School

13th May 2021

Dear Parents/Carers,

RE: RSE Lessons

As a part of your child's education at Chatham Grammar, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) Education programme. The subject is known to our students as Ethics, and the curriculum gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, throughout this term **19th April – 28th May 2021**, your child will be taking part in lessons which will focus on the Relationships and Sex Education (RSE) aspect of this programme. RSE lessons in Year 7 will include teaching about: **Healthy relationships, including friendships; growing and changing, including puberty; changing feelings; periods**. Students will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE Education is taught throughout the Academy in every year group and is monitored and reviewed regularly by Staff and Trustees. Please visit the Academy's website: <https://www.chathamgrammar.org.uk/curriculum-guides> for more detail about our Ethics Curriculum. All Ethics teaching takes place in a safe learning environment and is underpinned by our Academy's ethos and values.

As an Academy, we are committed to working in partnership with parents. If you require any additional information, then please feel free to contact me.

Yours sincerely

Emma Byron
byron@universityofkentacademiestrust.org.uk